

**Get prepared for an interview: Some useful advice from a career counsellor**  
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**CWY VIDEO SUMMARY**

Some general advice to get prepared for an interview

- Know yourself really well. You need to be the expert on your skills, interests, values and experiences.
- Dress for success; wear something that makes you feel confident.
- Always do research on the organization beforehand and re-read the job description before going in an interview.
- Body language – open versus close.
- Do not talk too quickly, speak clearly and confidently.
- Back up everything you say with examples – avoid one word answer.
- Always shake your interviewer's hand on the way in and the way out.
- Be genuine.

What would be a good way for an interviewee to highlight his or her CWY experience during an interview?

- Doing an interview is like being a story teller. When you are asked a question by the interviewer, answer with some kind of story from your experience.
- So, if you are talking about your leadership or intercultural communication skills for example, it is a great opportunity for you to demonstrate the fact that you have these skills by bringing in an example from your CWY experiences.

Some things to avoid in a job interview

- Do not downplay your experiences.
- Avoid negative language such as: I don't, I only have, I don't know.
- Don't apologize for what you don't have; rather focus on what you do have.
- Do not talk about salary during an interview, only when you are offered a position.

Good luck!